

# Vocabulary

## hands down

**Meaning:** Easily; without any doubt.

**Examples:**

1. I prefer my current job, hands down.
2. This is hands down my favorite movie.

## extremely grateful

**Meaning:** Very thankful.

**Examples:**

1. I'm extremely grateful for this opportunity.
2. She felt extremely grateful for the support.

## every single day

**Meaning:** Each and every day; daily.

**Examples:**

1. She practices acting every single day.
2. I drink coffee every single day.

## nutritionist

**Meaning:** A person who advises others about food and diet.

**Examples:**

1. She worked as a nutritionist.
2. A nutritionist can help with healthy eating.

## certifications

**Meaning:** Official documents that show you are qualified to do a job.

**Examples:**

1. She still holds her certifications.
2. You need certifications to teach yoga.

**technically**

**Meaning:** According to facts or strict rules.

**Examples:**

1. She is technically still a fitness professional.
2. Technically, the store is open.

**point in time**

**Meaning:** A specific moment or period.

**Examples:**

1. At this point in time, she works as an actress.
2. At that point in time, I lived abroad.

**employment basis**

**Meaning:** As a regular employee of a company.

**Examples:**

1. She no longer works on an employment basis.
2. He was hired on a full-time employment basis.

**independent contracting**

**Meaning:** Working for yourself and offering services to different companies.

**Examples:**

1. She does independent contracting now.
2. Independent contracting allows flexible work.

**nutritional**

**Meaning:** Related to food and health.

**Examples:**

1. She no longer gives nutritional advice.
2. Nutritional information is on the label.

## Vocabulary Quiz

Complete the sentences with the vocabulary above.

hands • grateful • nutritionist  
certifications • technically • point

1. She still has her yoga \_\_\_ from last year.
2. He is \_\_\_ still a student, but he already has a job offer.
3. I'm extremely \_\_\_ for your help.
4. A \_\_\_ can give advice about healthy eating.
5. This is, \_\_\_ down, my favorite restaurant.
6. At this \_\_\_ in time, I live in Tokyo.

Terran / USA 

## Which work location do you prefer your current to previous job?

Hello, my name is Tarren and I am from the United States of America. My question is the following: which work location do you prefer, your current to previous job?

I prefer my current job, *hands down*. I am a full-time on camera and voiceover actress, and I'm *extremely grateful* to be able to do what I love *every single day*. It's something that I've worked towards for a very long time. I was previously a personal trainer, *nutritionist*, and yoga teacher, and I still hold those *certifications* and I will continue to hold those certifications. So I am *technically* still a master level fitness professional, but I no longer work for companies in the industry at this *point in time* on an *employment basis*. I do *independent contracting* by promoting companies or being a spokesperson, but I don't have any clients that I'm working with currently training or giving *nutritional* advice to or things like that.

And that's just because I didn't have the best experience in the fitness industry as a woman and as a business professional, and I'm extremely grateful to do what I love every day as an actress now, as a fully self-employed business owner.

# Quiz

Answer the following questions about the interview.

1) Which job does she prefer?

- a) **her current job**
- b) her previous job

2) What is her current job?

- a) fitness trainer
- b) **actress**

3) Why did she leave fitness work?

- a) **bad experience**
- b) no certifications

**What is the correct word?** Listen to the audio to hear the answer!

Hello, my name is Tarren and I **am/an** from the United States of America. My question is **at/he** following: which work **located/location** do you prefer, your current to **previous/previously** job?

I prefer my current job, hands **up/down**. I am a full-time on camera **and/an** voiceover actress, and I'm **extreme/extremely** grateful to be able to do what I love **ever/every** single day. It's something that I've worked towards **for/from** a very long time. I was previously a **personal/personnel** trainer, nutritionist, and yoga teacher, and I still hold those **certifications/certified** and I will continue to hold those certifications. So I am **technical/technically** still a master level fitness **professional/professionally**, but I no longer work for companies in the **industrial/industry** at this point in time on an employment **bases/basis**. I do independent **contracting/contacting** by **promoted/promoting** companies or being a spokesperson, but I don't have any **client/clients** that I'm working with currently **trainer/training** or giving nutritional **advisor/advice** to or things like that.

And that's just because I didn't have the best **experienced/experience** in the fitness industry as a woman and **is/as** a business professional, and I'm **extreme/extremely** grateful to do what I **love/live** every day as an actress now, as a **fully/full** self-employed business owner.

