

Vocabulary

taking selfies

Meaning: The act of using a phone or camera to take pictures of yourself.

Examples:

1. She enjoys taking selfies with her friends when they go out.
2. He was taking selfies in front of the Eiffel Tower.

capture the moment

Meaning: To take a picture or video to remember a special time.

Examples:

1. We took a photo to capture the moment of our graduation.
2. She loves to capture the moment whenever she travels.

out somewhere

Meaning: Being outside or in a different place (not at home).

Examples:

1. We were out somewhere last night, but I don't remember the name of the café.
2. If you're out somewhere, take lots of pictures to remember the trip!

I'm not big for

Meaning: I don't like or do something often.

Examples:

1. I'm not big for drinking coffee, but I'll have one occasionally.
2. I'm not big for watching action movies, but I'll watch one with my friends.

be in the moment

Meaning: To focus on and enjoy what is happening right now.

Examples:

1. Instead of taking pictures, I wanted to be in the moment and enjoy the view.
2. She tries to be in the moment when spending time with her family.

self-conscious

Meaning: Feeling shy, embarrassed, or awkward about what others might think of you.

Examples:

1. He feels self-conscious speaking in front of large crowds.
2. I feel self-conscious when taking selfies in public.

right in the moment

Meaning: Exactly at a certain time when something feels natural or meaningful.

Examples:

1. She took a picture right in the moment when the fireworks started.
2. Sometimes, you have to say what you feel right in the moment.

beautiful spot

Meaning: A place that looks nice, often a great place for photos.

Examples:

1. We found a beautiful spot by the lake to have a picnic.
2. This park is a beautiful spot to take pictures during sunset.

Vocabulary Quiz

Complete the sentences with the vocabulary from the lesson:

I'm not big for • beautiful spot • taking selfies • be in the moment • self-conscious • right in the moment • out somewhere • capture the moment

1. She loves ___ when traveling with her daughter.

2. They took a photo to ___ during the sunset.
3. If I'm ___ with friends, I'll take a group photo.
4. ___ taking photos all the time—I only do it sometimes.
5. Sometimes I don't take pictures because I just want to ___.
6. I feel a bit ___ taking selfies in a busy place.
7. I only take a selfie if it feels ___ and natural.
8. We found a ___ by the lake to sit and relax.

Stacy / Australia 

Do you like taking selfies?

Hi, I'm Stacy, and I am Australian, and my question is, do I like *taking selfies*?

Sometimes I often take them with my husband. If we're *out somewhere* and we're on a holiday or we're somewhere special, or maybe with my daughter, let's take a family selfie just to kind of *capture the moment*.

I'm not big for taking selfies all the time everywhere I am. I like to *be in the moment*. I also feel a bit *self-conscious* doing it if there's lots of people around as well, but I'm very happy to do it if I am by myself somewhere and it's a really *beautiful spot*, or I just feel like, oh, the line's quite nice. Now let's just take a little selfie and just for fun.

But I don't do it a lot. I do it sometimes if I feel it's *right in the moment*.

Quiz

Answer the following questions about the interview.

- 1) When does Stacy usually take selfies?
 - a) At the sports gym
 - b) At special moments**
- 2) Who does she take selfies with sometimes?
 - a) Her sister
 - b) Her daughter**

3) Where might Stacy take a selfie alone?

a) A nice spot

b) The airport

Corporate Terminology – Medical

Clinical [adjective]

Relating to the observation, examination, and treatment of patients in a medical setting.

“Nurses play a crucial role in providing clinical care and monitoring patients' vital signs.”

Placebo [noun]

A medicine without any physiological effect that is given to a control group in an experiment to measure the effectiveness of a new drug or to patients who think they need medicine when in fact they do not.

“Some patients reported feeling better after taking the placebo, highlighting the power of the mind in healing.”