

Vocabulary

holds up

Meaning: Remains strong, reliable, or respected over time.

Examples:

1. His argument holds up even after more research.
2. Having McDonald's on your resume holds up well as proof of good experience.

change of pace

Meaning: A different or new experience compared to usual activities.

Examples:

1. After working in an office, moving to a farm was a real change of pace.
2. I usually study at home, so going to a café is a nice change of pace.

find

Meaning: To realize or believe something after experiencing it.

Examples:

1. I find this book very interesting.
2. She found that learning a new language takes time and practice.

CV

Meaning: A document that lists your work experience and skills when applying for a job.

Examples:

1. He updated his CV before applying for a new job.
2. A strong CV can help you get hired faster.

as a reference

Meaning: Something used as proof or support when applying for a job.

Examples:

1. She used her old manager as a reference for her new job.
2. Having experience at McDonald's looks good as a reference on your CV.

serving customers

Meaning: Helping and providing service to people in a store, restaurant, or business.

Examples:

1. He enjoys serving customers at the café.
2. Working in retail means spending a lot of time serving customers.

Vocabulary Quiz

Complete the sentences with the vocabulary from the lesson:

serving customers • change of pace • as a reference • holds up • CV • find

1. I used my old boss ___ when I applied for the job.
2. My job at the bookstore was a nice ___ after working in fast food.
3. Working at McDonald's really ___ on a resume.
4. He added his school projects to his ___.
5. I ___ learning English fun when I watch movies.
6. She is very good at ___ in a busy café.

Stacy / Australia 

What was your first job?

Hi, I'm Stacy. I am Australian and I live in Scotland. And my question is, what is my first job?

My first job was actually working in McDonald's. I was 18. I had just finished school. It's actually really good first job, especially in Australia. I **find** if you've got McDonald's as your first job in your **CV as a reference**, it really **holds up**.

It was good fun. Most of the people that work there are sort of age between, I would say 15 to 25, so really sociable and yeah, you get really good experience and you can work with people and customers, and you do come home smelling like french fries. You've got to come home and have a shower. You also tend to get a bit of an oily skin from being around the frying machine, but I also learned to work at the back in the kitchen, which is also really good fun and just a **change of pace** from **servicing customers**.

But yeah, I did it for a year and a half while I was at university, and it was a really good first job.

Quiz

Answer the following questions about the interview.

1) How old was Stacy when she started her first job?

- a) 17
- b) 18

2) What would get oily?

- a) Her hair
- b) **Her skin**

3) How does she describe working in the kitchen?

- a) **Good fun**
- b) Stressful at time

Corporate Terminology

Accountable

Being responsible for the assigned duties.

“My manager holds all members of our team accountable for the success or failure to reach the goals of the project.”

"Our manager holds the entire team accountable for meeting our key performance indicators (KPIs) and overall project outcomes."

Networking

Building professional contacts.

“LinkedIn is a great tool for international networking, but it doesn’t replace professional face-to-face contacts.”

"LinkedIn is an invaluable asset for international networking, yet it cannot replicate the nuance and trust built through face-to-face engagement."