

Vocabulary



Eat



Drink



Paint



Read



Ride the bike



Full – Empty



Ski

Grammar

Adverbs of Frequency

Point 1: We use **adverbs of frequency** to show **how often** we do something.

1. I always have coffee in the morning.
2. I usually eat dinner at home.
3. I sometimes eat at restaurants.
4. I never drink alcohol.

Point 2: Adverbs of Frequency and relative strength.

1. Always (100%)
2. Almost always
3. Usually
4. Often
5. Sometimes
6. Hardly ever / Rarely
7. Almost never
8. Never (0%)

Point 3: Adverbs of Frequency can be used immediately in **front of the verb**.

1. Thomas almost always paints in the evening.
2. She usually gets to work early.
3. We hardly ever rent movies.
4. I never stay out late.

Point 4: Sometimes, **usually** and **often** can go **before the subject** or **at the end of the verb** phrase.

1. Usually, I read before bed.
2. I read before bed usually.
3. Often, I go there.
4. I go there often.
5. Sometimes, I play tennis at night.
6. I play tennis at night sometimes.

Winter is **always** cold

Sometimes it snows in winter

We **never** ride our bike in winter

Summer is **always** hot

Sometimes it rains in summer

We **never** ski in summer

Quiz

Answer these questions about the interview.

1) Where does she say about the lake?

- a) She goes there often.
- b) She rarely goes there.**

2) What does she often have for dinner?

- a) Vegetables**
- b) Stir-fry

3) How does he get to work?

- a) He always drives.**
- b) He sometimes takes the bus.

4) How does she watch movies?

- a) She rents DVDs.
- b) She streams movies.**

Gap Fill: Complete the conversation with the correct word!

Question 1 of 4

- very
- too
- out

- far
- but
- beach

- do
- where

Man: What do you ___ on the weekend?

Woman: I usually stay home, ___ sometimes I go ___.

Man: Oh, ___ do you go?

Woman: Sometimes I go to the ____. Sometimes I go to the park.

Man: I often go there, ____. Do you ever go to the lake?

Woman: No, ___ rarely. It is too ___ from my house.

Question 2 of 4

- very
- make
- kind

- often
- know
- healthy

- cook
- usually

Man: What do you ___ have for dinner?

Woman: I try to eat ___, so I usually ___ vegetables.

Man: Really? What ___ of stuff do you make?

Woman: Sometimes I ___ soups. Sometimes I make stir-fry.

Man: Stir-fry! That's not ___ healthy.

Woman: I ___, but I don't eat it ___.

Question 3 of 4

- walk
- drive
- Lucky

- work
- easier
- rarely

- office
- take
- never

Woman: Do you ___ the bus to work?

Man: No, I ___ take the bus. I always ___.

Woman: Yeah, it's so much ___ to drive.

Man: Do you drive to ___?

Woman: Actually, I ___ drive. I usually ___ to work. I live near the ___.

Man: ___ you!

Question 4 of 4

- never
- usually
- you

- slow
- movies
- ever

- rent
- fast
- expensive

Man: Do you ___ go to the movies?

Woman: I rarely do. It is too ___. Do ___?

Man: No, not often. I usually ___ DVDs.

Woman: Really? I ___ do that. I usually stream ___.

Man: Nice. Do you have ___ Internet?

Woman: Yeah, ___ it is fast, but sometimes it's ___.